

# Upward Soccer @ VC Family FAQ

---

Q. What day and time are practices?

A. Practice days and times will be determined closer to the season once the teams have been assigned. Practices are held Monday-Thursday between the times of 4PM-7PM. Each team practices once a week for 1 hour a week.

Q. When and where are games?

A. All games and practices will be held at VC Family's campus at 3180 Rancho Rd, Redding, CA 96002. Games are Saturdays between 8AM-1PM. Once the teams are created the game schedule will be released.

Q. When does registration end?

A. The last day to register is August 2, 2023.

Q. If I have multiple kids in different age groups, will they be practicing on the same night?

A. We try our best to accommodate families practicing on the same night; however, due to scheduling constraints this is not always a possibility.

Q. If I volunteer to coach, will my child be on my team?

A. Yes, if you volunteer to coach, your child will be placed on your team. Please reach out to us at [upwardsoccer@vcfamily.org](mailto:upwardsoccer@vcfamily.org) to make sure your child gets placed on your team.

Q. Can I request to be with a certain coach or team?

A. No, due to the number of participants and scheduling constraints we are unable to accommodate individual requests. For further questions regarding this please reach out to us at [upwardsoccer@vcfamily.org](mailto:upwardsoccer@vcfamily.org).

Q. When are the first and last games of the season?

A. The first game of the season is September 9th and the last game is October 28th.

Q. If I volunteer, will I need to complete a LiveScan Background check?

A. Yes, whether you volunteer as a coach, referee, or with concessions we ask that everyone over 18 complete a background check. This will come at no expense to you. After signing up to volunteer you will receive an email with instructions on where and how to complete the LiveScan check.

